

CANCER & NUTRITION SEMINARS

3rd September 2009

With Liz Butler, Dr Sandra Goodman and Kate Neil

10-11 Kate Neil (CNELM Masters students only)

- Introduction to Cancer Care Masters module, learning outcomes and assessment
- If you think you would be interested to take the module with assessment then please join the session or call us to find out more. Module accredited by Middlesex University MU 20 credits. This module is part of CNELM's postgraduate modules leading to PG Cert Nutritional Therapy or PG Dip Nutritional Therapy or MU Masters degree.

Kate Neil MSc Director CNELM, Programme Leader BSc Hons Nutritional Therapy, BSc Hons Nutritional Science and postgraduate courses. Lecturer, Editor The Nutrition Practitioner journal. Practices from CNELM specialising in women's health, supporting women with hormone-related cancer and providing support for parents with children within the learning disorder spectrum.

11.20- Kate Neil

- Welcome to CNELM
- Administrative Information
- Introduction to Cancer Care Landmark Seminar Series

11.45 Liz Butler

- Nutrition and Cancer Survivorship – Evaluating the Research
- Whole diet studies
- Women's Healthy Eating and Living Trial
- Alternative diets and cancer treatment
- Work of Penny Brohn Cancer Care

Liz Butler BSc DiplON Senior Nutritional Therapist Penny Brohn Cancer Care (formerly Bristol Cancer Help Centre). Liz has also run a private practice providing nutrition support for people with cancer and is just embarking on working from a medical practice in Vauxhall seeing people with cancer and other chronic illnesses.

2-5 Dr Sandra Goodman PhD

See Additional Flyer for detailed seminar content and Dr Goodman's background

- Reviewing the deeply divided professional pronouncements upon nutritional research evidence for prevention and treatment: disputes about the right kind of evidence
- Clinical Research – Epidemiology, Randomized Controlled Trials, Case Control Trials, Animal and Cellular research
- Vegetarians versus Meat Eaters
- Desired Nutritional Research
- Nutritional Treatment Regimes of People with Cancer
- Professional and Legal Issues for Practitioners using Nutrition in Cancer Treatment

Sandra Goodman PhD, originally from Montreal, Canada, qualified (PhD McGill University 1981) as a Molecular Biology scientist in agricultural biotechnology and pursued a research career in Canada and the US.

CANCER & NUTRITION SEMINAR
4th September 2009
With Alessandro Ferretti and Dr Paul Clayton

10-1 Alessandro Ferretti DipION

- Part 1 The Role of Pre and Probiotics
- Part 2 The Role of a range of Phytonutrients and Other Nutritional Compounds
 1. Ellagic acid
 2. IP6
 3. Beta-glucans
 4. Pinebark & Grapeseed extract
 5. Lycopene
 6. Garlic

Alessandro Ferretti DipION: A graduate of ION, Alex has worked for several years with a highly regarded supplement company as Education manager before leaving to establish his own nutrition business 'Equilibria Health Ltd'. Alex now lectures on clinical workshops aimed at post-graduate sector, provides corporate wellness packages and runs a successful nutrition practice.

2-5 Dr Paul Clayton

- Exploring the data linking cancer risk, focusing on the Mediterranean and mid-Victorian diets and pharmacological properties of a range of food ingredients attributed to this type of dietary protection
- Cancer prophylaxis from a platform of pharmaco-nutrition perspective
- Intervention strategies using pharmaco-nutritional/pharmaceutical combinations for people with cancer
- Cancer after-care support

Dr Paul Clayton is: Outgoing President, Forum on Food & Health, RSM
Visiting Fellow, Oxford Brookes University and Visiting Prof, University of Debrecen

**DECONSTRUCTING AND RECONFIGURING THE CURRENT
MODEL OF CANCER: TWO-DAY LANDMARK SEMINAR**
26th and 27th September 2009
With Dr Alexandra Concorde

See Additional Flyer for detailed seminar content and Dr Concorde's background

CANCER & NUTRITION SEMINAR

10th October 2009

With Kate Neil and Patricia Peat

10-1 Kate Neil

- Hormone related cancers
- Gut dysfunction, Toxicology and Detoxification
- Oestrogen metabolites
- Methylation, sulphation, glutathione conjugation and glucuronidation
- Laboratory assessment for hormone imbalance

Kate Neil MSc Director CNELM, Programme Leader BSc Hons Nutritional Therapy, BSc Hons Nutritional Science and postgraduate courses. Lecturer, Editor The Nutrition Practitioner journal. Kate practices from CNELM specialising in women's health, supporting women with hormone-related cancer and providing support for parents with children within the learning disorder spectrum. Co-author Balancing Hormones Naturally, contributing author Biochemical Imbalance in Chronic Disease: chapter Sex Hormone Imbalance (for publication).

2-5 Patricia Peat

- Cancer Options
- The Orthodox and Complementary Patient Experience
- Integrative Medicine
- Orthodox Treatments
- CAM Approaches
- European Approach

Patricia Peat RGN After many years as an oncology nurse saw the need for people to have access to good quality information about all approaches to treatment so they could take charge of their cancer decisions. Encouraging safe integration of complementary treatments with orthodox treatments was behind the development of Cancer Options a renowned service at the forefront of cancer treatment developments. Patricia is an accomplished speaker on integrative medicine and empowering people to make their own decisions. She is a medical advisor to the Yes To Life charity and the Integrated Healthcare Trust and Patron of the Cancer Active Charity. She is co-author of the Frontier Guide to Medicine with Professor Karol Sikora who presented at CNELM's 2006 Cancer Care Masterclass.

CANCER & NUTRITION FOOD DEMONSTRATION WORKSHOP

11th October 2009

With Christine Bailey and Kate Neil

An interactive day with Christine and Kate who will help you put into practice tasty and nourishing meal options for client's recovering from cancer and going through chemotherapy and radiotherapy. There will be plenty of opportunity throughout the day for food tasting and discussion.

11-4.30

- A case for nutritional support
- Juicing
- Blending
- Protein/Oil Blending
- Blood Glucose Control
- Digestive and Detoxification Support
- Oxidative Stress and Mitochondrial Support
- Glyconutrition
- Salvestrols
- Wasting, cachexia and stabilising muscle loss
- Chemotherapy and Radiotherapy Support
- Psycho-social, financial and ethical considerations

Christine Bailey MSc PGCE is an experienced nutritional and dietary educator, chef and health food consultant. She is also a qualified cookery teacher and regularly lectures at cookery schools and nutrition colleges. She is an advisor to healthy schools programmes, early years teams and the National Childminders Association. She has produced several recipe books including Tasty Treats for Health Kids, The TOP 100 Low Salt recipes and co-authored the Intelligent Way to Lose Weight. She regularly gives lectures and cookery demonstrations on nutrition and healthy eating, particularly children's health. Christine is due to be awarded BSc Hons Nutritional Therapy this September.

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