



Fast-Track
to
BSc (Hons) Nutritional Therapy
Validated by Middlesex University
or
Postgraduate Modules
leading to an **MSc**
accredited by Middlesex University



**Middlesex
University**

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Dear Prospective Fast Track Student

Welcome to the Fast Track study handbook. Please read this handbook in conjunction with the Undergraduate and Postgraduate prospectuses.

I trust that you will find this handbook helpful in understating the options available to you. We are committed to helping you make the most of your prior knowledge and experience towards becoming a well qualified nutritional therapist.

Fast-tracking enables you to be assured of gaining the underpinning knowledge for nutritional therapy in an accessible and cost-effective manner and then join either the third year of the undergraduate degree course or transfer to the postgraduate course.

Please email or call me or Christopher Neil if you would like further information or to arrange a time to meet with us to discuss your study options further.

With best wishes

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Getting Started...

To be a student on this course you will have been able to demonstrate prior knowledge and experience. You will be Fast-Tracking toward the BSc Hons Nutritional Therapy course or the postgraduate course leading to a Masters degree. The undergraduate course is validated by Middlesex University (MU) and the postgraduate course is accredited by Middlesex University.

Once you have completed the Fast Track you will then be able to register for the final year of the undergraduate degree or the postgraduate programme.

What is Validation?

This means that the Centre teaches the BSc Hons Nutritional Therapy programme from start to finish. MU is the awarding body for the degree and they are closely involved with ensuring the quality of the course. Representatives from MU attend academic and awards board meetings. The Centre is required to fulfill the same standards as an internally led degree at MU.

What is Accreditation?

MU has accredited nine CNE postgraduate nutritional therapy modules that can form the basis of an MU Masters degree. Accreditation means that part of the course leading to the Masters will be directly taught by MU. This is therefore a collaborative arrangement with the university toward achieving a Masters degree.

What is Fast Track?

Although this term implies that you will work at a fast pace you can in fact within certain timeframes work at your own pace. Fast Track means that you can progress through relevant modules of our first and second year undergraduate degree mainly via accessing our materials via Internet downloads. You will need Broadband access to be a Fast Track student. In exceptional circumstances only we can send you CDs of the modules. You will need to attend Communication Skills and Therapeutic Coaching unless you can attend similar courses local to you (see later discussion).

How Much does it Cost to Fast Track?

The Fast Track course is based on half the module fee normally charged to an undergraduate student for modules that can be accessed audio visually. The current module fee for undergraduates is £807.45 and so you would pay £403.73 for each of the ten first and second year modules that can be accessed audio visually. Communication Skills is £500 and Therapeutic Coaching is £807.45. Human Biology and Chemistry foundation courses are each £600 and made available at £300 for Fast Track students. So the maximum fee for the Fast Track is £5944.75.

Depending on your prior background you will fall into one of the categories described later in the Handbook. The separate categories takes account of prior backgrounds which entitle specific module exemptions. For each category there is an option to pay all fees for the Fast Track at the outset which entitles you to further fee reductions.

Who is most likely to Fast Track to the BSc Hons Nutritional Therapy Course?

If you already have a Masters degree, a PhD or you are a medical doctor then you do not necessarily need another higher qualification. In this instance Fast Track to the BSc is the cheapest and quickest route to qualification. You can always take postgraduate modules for Continuing Professional Development CPD at a later date.

If you are newly qualified from a Diploma course registered with the Nutritional Therapy Council (NTC) schools forum or an equivalent body from overseas then you will most likely be required to Fast Track toward the BSc. However, if you have a prior science or health science degree as well as a nutritional therapy diploma then you may also Fast Track toward the Masters degree. Equally if you have two or more years nutritional therapy experience you may well be considered for the Fast Track to the Masters degree.

Who is most likely to Fast Track to the Masters degree?

If you have a first science or health science degree or an equivalent qualification then you will be recommended to Fast Track to the Masters degree. This is to enable you to obtain a higher level qualification and therefore progress your career opportunities.

If you have two or more years experience as a Diploma graduate from a course registered with the NTC schools forum or an equivalent body from overseas then you will also be eligible to join the Fast Track towards the Masters degree.

This route is likely to take a bit more time and is a little more expensive than the Fast Track to the BSc course for first science degree holders but you will end up with a Masters degree. For Diploma holders the costs should be similar.

A Study Pathway

Based on your prior experience one of the following Fast Track Study Pathways will be recommended to you. Please review Table 1 and Table 2 with the associated commentary to help identify which pathway is most likely to suit your needs. Option 1 in each example provides you with an opportunity to complete the course in a shorter period of time at a significantly reduced fee. If coursework is still outstanding three months after the timeframe indicated then further fees will be incurred based on £100 per month to retain your student status on the Fast Track course.

Table 1

	Cost per Each module	Months to Complete each	Example 1			Example 2			Example 3		
			number	Cost £	Months	number	Cost £	Months	number	Cost £	Months
Foundation	300	3	2	600	6	0	0	0	1	300	3
BSc modules	403.73	2	10	4037.30	20	7	2826.11	14	8	3229.84	16
Communications	500	1	1	500	1	1	500	1	1	500	1
Therapeutic C	807.45	3	1	807.45	3	1	807.45	3	1	807.45	3
Totals				5944.75	30		4133.56	18		4837.29	23
Option 1 Less 25%				4458.56			3100.17			3627.97	
Option 2 Deposit 16%				951.16			661.37			774.08	
Monthly payments				166.45	30		192.90	18		176.66	23
Total Paid				5944.75			4133.56			4837.29	

Please note: All information and prices quoted above are accurate at the time of publication. All prices quoted are inclusive of VAT. Fees have been sustained at the Centre since January 2005. Fees will increase by 10% from January 2009 and annually thereafter by approximately 4%.

Fast Track

Science Degree Holders (not health science related) and Nutritional Therapy Diploma holders whose qualification is not linked to a University credit rating.

This option is for the highly committed Fast Tracker who has a first science degree but not related to health sciences. You can also apply for this option if your nutritional therapy diploma is not linked to a university credit rating system. Example 1 is for prospective students who may need both science foundation courses, the ten audio visual access modules and will attend our Communication Skills and Therapeutic Coaching modules. You would register at the outset for the twelve level one and level two modules of the undergraduate course and commit to completing the course in 2.5 years if foundation studies are needed and 2 years if

foundation studies are not needed. You can progress more quickly should you choose to. For this commitment you are given the opportunity to pay all fees at the outset and gain a further substantial reduction on your course fees (option 1) or pay the full amount with an initial deposit and then spread monthly payments over your time of study (option 2).

Option 1, Example 1 (see table 1)

Instead of paying £5944.75 you would be offered a 25% discount and pay £4458.56. Fees once paid are non-refundable. If you have 'A' level human biology or chemistry or equivalents then you would be exempted from these modules and your fees would be reduced accordingly.

Option 2, Example 1 (see table 1)

If you require the same study plan as above but not sure that you can commit to the pace of study or pay fees in advance as Option 1 then you can pay fees by instalments over 2.5 years and opt to complete the modules within a four year period. You would pay a £951.16 deposit and £166.45 per month for 2.5 years. If you decide against completing the Fast Track then your deposit is not refundable. All fees once paid are not refundable. If you have 'A' level human biology or chemistry or equivalents then you would be exempted from these modules and your fees would be reduced accordingly.

Health Science Degree Holders

As a health science degree holder it is likely that you will have studied human biology, chemistry, biochemistry and physiology and will have studied research methods. If you are also a health care practitioner you will also have developed clinical skills related to your profession. You may however have studied chemistry and biochemistry and not human biology and physiology or vice versa.

Applicants with a prior background that covers pathology, pharmacology and clinical skills are given no further exemptions as the way in which pathology and pharmacology are taught on the course is focused on its application to nutritional therapy and you would need to demonstrate that you are able to transfer your clinical skills into nutritional therapy.

Without Foundation Courses, Biochemistry, Physiology and Research Methods.

As for Option 1 above you would also be given the opportunity to register at the outset for the following seven Fast Track modules: Nutrients, Media, Dietary Models, Investigative Pathology 1, Investigative Pathology 2, Clinical Skills and Nutraceuticals & Pharmaceuticals. Completing Communication Skills and

Therapeutic Coaching would also be required. You would need to complete the modules within two years.

Option 1, Example 2 (see table 1)

For this commitment you would be given the opportunity to pay all fees at the outset to gain a further substantial reduction on your course fees. Instead of paying £4133.56 you would be charged £3100.17 which is a 25% discount. Fees once paid are non-refundable.

Option 2, Example 2 (see table 1)

You can also proceed as described in Option 2 above. You would need to pay an £661.37 deposit and the remaining fee of £3472.19 would be paid in monthly instalments over 1.5 years. You would then pay £192.90 per month for 18 months. You would have up to three years to complete the Fast Track. If you decide against completing the Fast Track then your deposit is not refundable. All fees once paid are not refundable.

With one Foundation Course, without Biochemistry or Physiology and without Research Methods.

As for Option 1 above you would also be given the opportunity to register at the outset for one foundation course eight Fast Track Modules Nutrients, Biochemistry or Physiology, Media, Dietary Models, Investigative Pathology 1, Investigative Pathology 2, Clinical Skills and Nutraceuticals & Pharmaceuticals and the coaching modules: Communication Skills and Therapeutic Coaching:. You would need to complete the modules within 2.5 years.

Option 1, Example 3 (see table 1)

For this commitment you would be given the opportunity to pay all fees at the outset to gain a further substantial reduction on your course fees. Instead of paying £4837.29 you would be charged £3627.97 which 25% discount. Fees once paid are non-refundable.

Option 2, Example 3 (see table 1)

You can also proceed as described in Option 2 above. You would need to pay an £774.08 deposit and the remaining fee of £4063.21 would be paid in monthly instalments over 1 year 11 months. You would then pay £176.66 per month for 23 months. You would have up to 3.5 years to complete the Fast Track. If you decide against completing the Fast Track then your deposit is not refundable. All fees once paid are not refundable.

Conversion Students (see table 2)

Foundation Nutritional Therapy Degree Holders or Nutritional Therapy Courses with University Credits,

A new graduate of such a course would be eligible to transfer credits to the BSc Hons Nutritional Therapy course. Your transfer of credits combined with our 3-6 month conversion module would enable you to join the third year of the degree course. The conversion module includes: a selection of our audio visual materials to help the transition from your prior course to our third year. You will be able to download most of the materials from the Internet. The conversion module is a one-off fee of £807.45. You would then register for the final year which is currently £4844.70 + a university registration fee for the final award of £588 (2009). Fee reductions are not offered for students registered on the undergraduate degree course. You would also be required to complete our life coaching modules Communication Skills £500 and Therapeutic Coaching £807.45. Total £7547.60 including MU Registration Fee. Advance payment for the conversion course and coaching modules total £2114.90 would be offered at 10% discount giving a saving of £211.50 for this element of the study plan. Once registered for the final six modules you would have up to four years to complete the degree and would be bound by the rules and regulations of the degree course. Fees are non-refundable once paid.

APEL Students (see table 2)

Assessment of Prior and Experiential Learning (APEL) Nutritional Therapy Diploma holders whose qualification is not linked to a University Credit System.

As described previously you are able to follow Option 1 or Option 2. You can also apply for Assessment of Prior Learning (APEL). Based on your prior learning and experience since leaving school you can apply for specific module exemptions by demonstrating through the development of a Portfolio that you already have the knowledge and skill related to a module. We would assist you in the development of your Portfolio. The Portfolio once complete is sent to Middlesex University for Accreditation. There is an APEL manual and workbook to guide you through the requirements for your Portfolio development. You can also purchase audio visual materials from us to assist you in demonstrating the evidence required.

You can apply for up to 12 module exemptions. The cost of APEL is £1300 including accreditation by Middlesex University. The fee is the same whether two or all twelve modules are applied for and accredited so it is well worth having as many modules accredited through APEL as possible. First and second year modules that can be accessed audio visually which are not accredited would be offered to you at the Fast Track rate of £403.73 per module. You would be charged the full

amount of £500 for Communication Skills and £807.45 for Therapeutic Coaching. If all Fast Track and coaching modules are paid for in advance then you would be offered a further 10% discount.

In order to be awarded the undergraduate degree you would be required to complete six modules and four of the modules must be from the third year/level three. You cannot include first year/level one modules as part of the six modules. It is possible to start some of the modules that would make up your degree whilst completing your Portfolio of Evidence. You would be charged £4844.70 for the six modules which is payable as a £450 deposit and £732.45 per module. You would also pay a university registration fee of £588 (2009) fee for the final award. There is no further reduction in fees offered for this route. Once registered with the university you would have up to four years to complete the degree component of the course and be bound by the rules and regulations of the degree course. All fees once paid are non-refundable.

Table 2

	Cost per Each module	Months to Complete each	Conversion			APEL		
			number	Cost £	Months	number	Cost £	Months
Conversion fee	807.45		1	807.45				
APEL fee	1300					1	1300	
Communications	500	1	1	500	1	1	500	1
Therapeutic C	807.45	3	1	807.45	3	1	807.45	3
Totals				2114.90	16		2607.45	16
Option 1								
Totals to pay less 10%				1903.40			2346.70	
Option 2								
Deposit 10%				211.50			260.75	
Monthly payments				118.96	16		146.67	16
Total Paid				2114.90			2607.45	
The 6 BSc Modules								
Deposit	75	0	6	450		3	450	
6 BSc modules	732.45	2	6	4394.70	12	6	4394.70	12
MU reg fee				588			588	
Total Paid				5432.70			5432.70	
If paying monthly								
Deposit + MU fee				1038			1038	
Monthly payments				366.23	12		366.23	12
Total Paid				5432.70			5432.70	

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Review Only Module

If you would like any module materials from the foundation courses excluding the textbooks or modules that you have been exempted and would like to review the material for your own interest then you can do so at no extra charge. You would not be required to submit coursework for assessment.

Assessment

You will receive a module handbook as part of the module materials. Within the module handbook is a module outline and within this outline the assignments are described e.g. Formative and Summative assignments. Later in the module handbook you will find an assessment outline and marking sheet for Summative coursework. You should use these guidelines and the learning outcomes for the module when planning your assignment. If the module is examined then you will find an example examination paper toward the end of the handbook. You are required to complete the examination paper as a piece of coursework to assist in demonstrating that you have the learning outcomes for the module. You will not be required to take a formal examination as you will already have demonstrated from your prior experience that you can pass examinations at an appropriate level. If you are Fast Tracking toward the undergraduate degree then there will be examinations during the third year of study. The postgraduate course is coursework assessed.

Formative Assignments

As the word implies this type of assessment is used to help form your understanding of the module. You are only required to complete formative assignments that are clinical in nature. This may involve a role play which can be conducted on the telephone for those students living at a distance. Otherwise you can come to the Centre for role play assessment. Any assessment that states a 'Clinical Competency' must be completed.

Summative Assignments

As the word implies this type of assessment is the summation of the module and you will be required to complete these assignments. In a coursework only module there are usually two summative assignments. In an examined module there is usually one piece of coursework and an examination. As indicated above if the module carries an examination there will be an example paper at the back of the module handbook that you will need to complete as a piece of coursework and submit for marking. We anticipate around 70% or more for an examination that is taken as a piece of coursework.

Learning Outcomes

You will find a set of learning outcomes expressed for knowledge and skills in the module outline within each module handbook. Learning outcomes for year one modules require basic skills e.g. to discuss, to analyse, to describe. Year two learning outcomes progress and require you to become more analytical, discussive and to evaluate. As you are already a graduate or an experienced practitioner you may find that you are going too deeply into the modules. This is fine so long as this

does not mean that you are spending an undue amount of time on each module. If you think that you are spending too much time then it is best that you speak with the module leader. Depending on your study pathway CNE third year modules, Clinical Training, CNE postgraduate modules and MU Research modules will provide the opportunity for you to explore topics in depth. Remember the Fast Track is for you to grasp the underpinning knowledge.

Study Resources

You will receive a Study Skills Handbook with the Induction CD. If you are returning to study after a long period of time then you should find the handbook very helpful. It includes discussion on essays, reports, presentations, and research tools.

You can use the CNE library and will be sent a copy of the CNE library database. If you are at a distance we can post at your cost books from the lending section of the library. This is continually updated and you will be sent regular updates whilst studying with us. The lending library comprises of: research papers, technical books and popular books.

You will find a list of recommended texts within the module outline of each module handbook and you will also find a list of key texts that we recommend that you buy on your induction CD.

As a Fast Track student you are required to subscribe to a CD copy of The Nutrition Practitioner journal at the student subscription rate of £25 per annum. You will receive three substantial issues a year and will also receive on joining the course the back issues dating back to 1999. The articles within the journal are an ongoing resource throughout your study programme. You can pay £35 per annum if you prefer a print-out version of the journal. The Nutrition Practitioner journal is currently the only peer-reviewed journal representing nutritional therapy. You will find a hard copy of the subscription form with your Induction materials.

You are provided with a student email account and you will find your email address and instructions for use with your Induction materials. We recommend that you look at your CNE account every few days to make sure that you are up-to-date with everything you need for the course or any extra-curricular courses or information that you might be interested in.

Submission of Coursework

When you have completed an assignment you submit your coursework to Alison Mitchell (Data Administrator) who will then ensure that your work is given to the relevant module leader. When you first login to your student email account you will receive a welcome, confirmation of your personal mentor, a student number and an

assignment cover sheet. When you submit your coursework ensure that you use the assignment cover sheet and put your student number only. Do not add your name to any submitted coursework. Assessed coursework is usually returned to you within three weeks of submission with relevant feedback. If your assignment involves a small clinical assessment then contact the relevant module leader to arrange a time for the assessment. In some instances this can be arranged by telephone or a Skype call.

Broadband and CD Access

Unless you are unable to connect to Broadband in your area then you will be required to have Broadband access so that you can download lectures to your computer. You will be given a code to access a module/s that you are working on at that time. As soon as you are ready to move on to the next module you will be given a code to access the new module/s.

It is possible to be sent CDs of the modules if you are unable to connect to Broadband. Each module is a unit of 10 days and will be sent to you as a pack. It is your responsibility to ensure that you listen to the lectures to make sure that you are able to complete the assignments appropriately. If you have any problems with your CDs or Broadband download then you should contact the Centre. MP3 recordings of lectures are also available for those who wish to listen to lectures on the move.

The lectures are recordings of live lectures which are appealing to most of our students as it enables you to feel part of the classroom lectures. You will be able to watch the CD from your computer and at the same time bring up the powerpoint presentation and open PDF files of any notes made by the tutor on flip chart.

You will find all material on the CD or download. The first CD/download will include the module handbook and an introduction to the module. The module handbook will inform you of what is taking place on each day of the module and the set of CDs/downloads for the module will also make this explicit. You will also find handouts on the CDs/downloads.

Moving On

Once you have completed the Fast Track course detailed above you will either join the BSc Hons Nutritional Therapy course or will transfer to the postgraduate course leading to a Masters degree, Postgraduate Certificate in Nutritional Therapy or Postgraduate Diploma in Nutritional Therapy. As you progress through the Fast Track science degree holders will know whether they want to register for the final year of the undergraduate course or transfer to postgraduate studies. Diploma holders not linked to university credits will need to register for the final year of the undergraduate degree.

Transferring to the third year undergraduate degree course

As already indicated the most likely students transferring to this option will be those that already hold higher qualifications or those with nutritional therapy diplomas not linked to university credits.

Many holders of first science and higher degrees are likely to be eligible for an exemption from undertaking a research project. In order to be awarded the undergraduate degree you must complete six modules and four must be from the third year. Two of the six modules can be from the second year. If you are exempted from submitting a research project then you will be able to include Therapeutic Coaching taken as part of the Fast Track as your sixth module.

You may be eligible for an exemption from Business Skills or Herbs for the Nutritionist if you are a qualified herbal practitioner as well as being eligible for an exemption from Research Project. However as indicated above it is a university requirement that you take a minimum of four third year modules to contribute to the degree. In this instance you would have to choose one of the three to go towards the final award. You could then opt to take one other second year Fast Track module e.g. Investigative Pathology 1 or 2 or Nutraceuticals & Pharmaceuticals as a full module alongside Therapeutic Coaching to make up the six modules for the degree. Or you could opt to take two of the three third year modules and one second year module to make up the six. Therapeutic coaching would be recommended as there is not a fee reduction for this module.

Final Award Examples

1. Therapeutic Coaching, Nutrition & Disease, Nutrition & Environment, Herbs for the Nutritionist, Clinical Training & Business Skills
2. Therapeutic Coaching, Investigative Pathology 2, Nutrition & Disease, Nutrition & Environment, Clinical Training & Business Skills
3. Therapeutic Coaching, Investigative Pathology 2, Nutrition & Disease, Nutrition & Environment, Herbs for the Nutritionist & Clinical Training
4. Therapeutic Coaching, Investigative Pathology 2, Nutrition & Disease, Nutrition & Environment, Research Project & Clinical Training

Practitioner Development

(Clinical Training and Business Skills) £1614

If you are transferring to the BSc Hons Nutritional Therapy course it will include Clinical Training and Business Skills enabling you to leave the course with the skills necessary to establish your practice.

If you are a first science or health science degree holder progressing to the postgraduate courses leading to a Masters degree then in order to register with the NTC as a Nutritional Therapist you will need to complete the Practitioner Development module as an add-on to the Fast Track. You can take the Practitioner Development module prior to or alongside postgraduate modules. In some instances it is possible to take Practitioner Development after completing postgraduate modules though this is not recommended.

Depending on your prior background you may be entitled to some exemptions or reduced fee which would be agreed at Interview. For example you may have a Business degree or significant work experience in Business or Finance. The Clinical Training is £1076 and Business Skills is £538. All students would be required to complete the Clinical Training component of this module. The Clinical Training component will enable you to demonstrate that you have met the requirements of the National Occupational Standards (NOS) for the nutritional therapy profession.

Business Skills is accessible as an audio visual unit as is Clinical Training. However Clinical Training also includes one to one supervision for two clients. You will either need to come to the Centre or as described earlier it may be possible for a CNE graduate to supervise your consultation for the costs indicated for Clinical Skills and Nutraceuticals & Pharmaceuticals supervision. Subject to demonstrating the appropriate level of clinical competency you will then be able to see two more clients and audio or video record the session and send to the Centre for assessment prior to the client being given the go-ahead to implement your recommendations. We can help in finding clients for you if you live at a distance. You will also need to observe 50 hours of consultations whilst undertaking your clinical training. Again many consultations for observation are accessible on CD.

Clinic Log

Media you will be introduced to the Clinic Log which is a document that expresses the National Occupational Standards for nutritional therapy. You will need to complete the log as you go through the Fast Track and final year of the undergraduate degree programme or the Practitioner Development module as evidence of having met these standards.

Clinic Handbook

You will be given a copy of the Clinic Handbook during Media. The Clinic Handbook is a resource in terms of the required clinical learning outcomes and policies and procedures in regard to Clinical Training.

Student Support

For each module that you take there will be a module leader. You will find their contact details in the relevant module handbook and also at the end of this handbook. If you have an academic query then you should contact the module leader directly who is often able to answer your query or will put you in touch with the specific lecturer on the module if necessary.

Kate Neil is your Personal Mentor and will contact you twice a term to see how you are progressing. You can always contact Kate if you have an administrative query or have any concerns that are affecting your study. Your Personal Mentor is a pastoral role and not an academic role. However it is likely that Kate will be able to help you with academic queries as well.

Student Responsibility

If you need to redesign your study plan or need help then we expect you to contact us. We will as mentioned above make contact with you in a general way twice a term. We will assume unless we here otherwise that you are progressing with the module/s.

Independent Study

The Fast Track is an excellent opportunity to study at your own pace. If you need support as an independent student then make sure that you keep in touch with your Personal Mentor and Module Leader. If you would like to be in contact with other Fast Track students then please let us know. We recommend that you complete a Learning Contract which enables you to set out your study plan and you will then be able to see if you are keeping on track and need to adjust your study plan. Information about Learning Contracts is part of Induction materials. You can contact Val Mowlam our Learning Contract Supervisor if you would like more information about Learning Contracts. We strongly recommend that you spend no more than four months on one module. Although you have a certain freedom in your pace of study there is an overall time limit as indicated under each of the Study Pathways described earlier.

Induction

You will be able to download a copy of the undergraduate Induction that took place in January 2009 when you start the Fast Track. Induction will talk you through many policies and procedures which may be helpful to you. You will also find a copy of the Programme Handbook for the undergraduate degree. It is worth you reviewing the programme handbook as it contains useful information, policies and procedures. Although as a Fast Track student you are not bound by the academic conditions of the undergraduate programme we do expect you to follow our internal procedures. You will also find a copy of the Study Skills Handbook, CNE library database, key texts, and information about forming Learning Contracts. You will also find hard copies of a subscription for The Nutrition Practitioner journal, a registration form for student membership of BANT and details of your CNE email account. Induction materials are free of charge.

Payment of Fees

As previously described under Study Pathway Options you will either pay the full amount at the outset of your course or on a monthly basis. If you are a monthly fee payer then we will need to set up a Direct Debit from your bank account.

Please note that refunds are not given once fees have been paid.

Postgraduate Studies

You will be able to choose 4 CNE postgraduate nutritional therapy modules from nine to go toward a Middlesex University (MU) named Masters degree (see later). Each CNE postgraduate module is £850. You will then progress to 5 MU modules which are approximately £680 each. MU modules are: Advanced Research Methods; Review of Learning and a Research Project which is equivalent to 3 modules.

Payment of Module Fees

You can either pay for a CNE postgraduate module in advance of each module taken or pay for all four modules at the outset and benefit from a 10% discount. The discounted price is £3060 a saving of £340.

Which Postgraduate Modules?

By the time that you have completed the Fast Track you will usually know which CNE postgraduate modules you want to take towards a Masters degree. Your module choices will normally be agreed with you as you complete the Fast Track. If you are progressing to the Masters award then you are recommended to select the CNE modules that best reflect the area of research that you are interested in as these modules will inform your research project. The MU Review of Learning module provides the opportunity for you to review your learning and create your project proposal. If you need help in selecting the most appropriate CNE modules then you should contact Kate Neil the postgraduate course leader.

Personal Mentor

Kate Neil is Personal Mentor for Fast Track and postgraduate students.

Module Leaders

As with the Fast Track you will be able to contact Module Leaders as appropriate throughout a CNE postgraduate module.

Named Award

The title of your Masters award will be an MSc that reflects the nature of your research project e.g. MSc Evidence Based Nutrition Practice. Your research project should be one that develops you in your work environment. This could therefore be a clinical, technical or educational research project.

Postgraduate Certificate in Nutritional Therapy

You will be awarded a PG cert on completion of three CNE modules

Postgraduate Diploma in Nutritional Therapy

You will be awarded a PG dip on completion of six CNE modules. Some students will prefer to work toward a postgraduate diploma in nutritional therapy rather than a Masters degree.

Assessment

All postgraduate modules including MU modules are coursework assessed. CNE modules are Pass or Fail. You will be given a grade for your MU Research Project. Assessment guidelines are expressed in a similar way to the undergraduate modules.

Learning Outcomes

There will be a steep rise in learning outcomes from the Fast Track to the postgraduate modules. The Fast Track enables you to gain the underpinning knowledge for nutritional therapy. Your first degree or previous experience has taken you to undergraduate learning outcomes. Studying at postgraduate level should enable you to express the ability to critically evaluate complex and often contradictory scientific data to help inform appropriate treatment strategies. Our postgraduate course is clinically applied and therefore assumes the underpinning knowledge. Fast Tracking, completing the Practitioner Development module and completing a Masters degree is designed to enable you to practice at a high level or for existing practitioners to considerably deepen their practice experience.

CD Access

All postgraduate modules except Why Weight Practitioner (NLP coaching module) are available to download via Broadband. CD access is also possible. All modules can be attended.

Skype or Conference Call Tutorials

Student tutorials and presentations are managed by Skype or Conference Call. You will therefore need to ensure that you install Skype on your computer. Skype tutorials are free of charge. Conference Call is charged to your individual telephone account. This medium enables both attendees and those studying by audio visual access to discuss progress and present case studies.

Professional Status

Student Membership of BANT

As a Fast Track student studying with CNE you are required on joining to become a student member of the professional body BANT unless you are already a BANT registered practitioner. The fee for membership is a one-off fee of **£45**. You make the cheque payable to BANT. You will receive with your Induction materials a BANT registration form that is signed by us. You send your cheque with the signed form to BANT and then send us confirmation of your registration.

Internal Awards

Dietary Analyst Certificate

After successful completion of the first year coursework you will be awarded the Dietary Analyst Certificate and can be insured to use this qualification whilst working toward professional registration. You will be able to hold one-to-one dietary educator/analyst consultation; present at a public level about food and health and write about food and health.

Nutrition Coach Diploma

Once you have completed Investigative Pathology I, Therapeutic Coaching and the first year materials you would be able to opt to take early a postgraduate coaching module Why Weight Practitioner. This qualification enables you to use your coaching skills to help people through diet and lifestyle changes. Why Weight Practitioner focuses on supporting people who are overweight. This is a stand alone qualification.

Professional Registration

We submitted evidence to the NTC for course accreditation. As a practitioner completion of the Fast Track modules, coaching modules; practitioner development and three postgraduate modules would enable you to register as a practitioner with the NTC. This would give you at the point of registration Dip CNE Nutritional Therapy and PG Cert Nutritional Therapy. You would then be able to work as a nutritional therapist whilst completing the rest of the Masters programme.

Continuing Professional Development CPD

All postgraduate modules are available for CPD and are approved by BANT for CPD. Modules taken for CPD are based on **£50** per day.